

# Tobias Desjardins, LCSW

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Palm Springs • Hemet • Redlands • California • (888) 288-1614 • (888) 285-5826 • tobias@WhatIsCopareting.com

## CAREER EXPERIENCE

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| <b>Director</b>                        | <b>The Prevention Network</b><br>Riverside and San Bernardino Counties, California<br>Offering services in Palm Springs, Redlands and Hemet, California, the Prevention Network provides a spectrum of alternative dispute resolution focused services to families involved in higher conflict custody disputes.   | <b>2004 -</b>    |
| <b>Licensed Clinical Social Worker</b> | <b>Private Practice</b><br>Riverside & San Bernardino Counties, California<br>Specialized in areas including: child custody disputes, domestic violence, child abuse, high conflict personalities, anxiety and depression.   | <b>2004 -</b>    |
| <b>Clinical Therapist II</b>           | <b>Department of Mental Health</b><br>Riverside County, California<br>Member of an outpatient psychiatric team focused on families where a child was at risk of suicide. Responsibilities included: assessment, treatment, case management, referral, follow-up, utilization review, and new program development.<br><br><i>* Member of best practice implementation committee</i> | <b>2000-2005</b> |
| <b>Licensed Clinical Social Worker</b> | <b>Family Wellness Group</b><br>Hemet, California<br>Part-time contracted provider of mental health services to individuals and families struggling with issues including: divorce, domestic violence, grief and loss and anger management issues.<br><br><i>* Co-developed and launched a 16 week "court ordered" Anger Management program for Male Batterer's</i>                | <b>2002-04</b>   |

<b>Director</b>	<p><b>Trillium Family Resources</b>  Montreal, Quebec, Canada  Founder of a community-based mental health organization committed to providing an array of evidence-based services to high conflict families.</p> <p><i>* Raised more than \$200,000 through government, corporate and community partners to fund this project</i></p>	<b>1996-2000</b>
<b>Program Supervisor</b>	<p><b>The Gateway Program</b>  L. Pearson School Board, Montreal, Canada  Designed, implemented and evaluated a comprehensive program targeted at inner-city high school students at risk of repeating their school year due to emotional &amp; behavioral problems.</p> <p><i>* Participation in Gateway was shown to increase a student's chances of being successful at school</i></p>	<b>1998-1999</b>
<b>Program Coordinator</b>	<p><b>John Abbott College</b>  Lakeshore School Board , Montreal, Canada  Counselor to twenty-one developmentally disabled college students participating in a work-study program. Taught a comprehensive 'Life &amp; Employment Skills' program.</p>	<b>1997-1998</b>
<b>Program Coordinator</b>	<p><b>Community Integration Project</b>  Baldwin Cartier School Board  Montreal, Quebec, Canada  Developed and coordinated an integration program targeted at supporting developmentally disabled young adults and senior citizens.</p>	<b>1998</b>
<b>Youth Services Coordinator</b>	<p><b>Municipality of Hudson</b>  Hudson, Quebec, Canada  Responsible for the development and management of a range of youth programs including: drop-in; street outreach; community initiatives; youth-offender; several youth and adult committees.</p> <p><i>* Organized a conference on drug abuse targeted at encouraging communication between youth and parents</i></p>	<b>1995-1997</b>

**Treatment Counselor**                      **Youthdale Treatment Centers**                      **1993-1995**  
Toronto, Ontario, Canada  
Residential treatment counselor for youth (13-17years) with serious emotional and adjustment difficulties. Youth placed in the facility primarily through juvenile justice system.

## **EDUCATION**

**Masters of Social Work**                      **Carleton University**                      **1997-2000**  
Ottawa, Ontario, Canada  
Two year program focused on broad spectrum of clinical issues. Specialization in dispute resolution and families in conflict.

**Bachelor of Arts**                      **University of Toronto**                      **1988-1993**  
Toronto, Ontario, Canada  
4 year program focused on the human, political, and economic makeup of our social structures. Complimented by studies in communications, history and research.

## **PROFFESIONAL AFFILIATIONS**

Associate Member                      American Bar Association – Family Law Section  
Member                      Association of Family and Conciliation Courts  
Member                      National Association of Victims of Crime  
Member                      California Association of Marriage and Family Therapists

# CONFERENCES & SPECIALIZED TRAININGS

**Dialectical Behavior Therapy**, Tim Bradley, MFT, Moreno Valley, CA, January 20, 2008

**Coping with Chaos: Treating Multiple Severe Disorders with Dialectical Behavior Therapy**, Marsha Linehan, Ph.D., San Francisco, CA, December 8-9, 2008

**Social Capital an Integrated Approach to Child Custody Evaluation: Application to Relocation Cases**, William Austin, Ph.D., Jonathan Gould, Ph.D., Albuquerque, New Mexico, September 26, 2008

**Revisiting Custody Through Relocation: Interdisciplinary Perspectives**, Phil Stahl, Ph.D., Dianna Gould-Saltman, J.D., Hon. Hope Zimmerman, Hon. Elaine Stack, Albuquerque, New Mexico, September 26, 2008

**Advanced Parent Coordination Training**, Matthew Sullivan, Ph.D., Linda Fieldstone, Ph.D., Albuquerque, New Mexico, September 25, 2008

**Psychological and Legal Issues for Child Custody Evaluators**, Phil Stahl, Ph.D., Steve Frankel Group, Online training, Aug 5, 2008

**Understanding and Managing High Conflict Personalities**, Bill Eddy, LCSW, J.D., University of San Diego Law School, July 16-17, 2008

**Domestic Violence Update for Child Custody Evaluators**, Phil Stahl, Ph.D., Steve Frankel Group, Online training, July 10, 2008

**Parenting Coordination: Helping High Conflict Parents Resolve Disputes**, Joan Kelly, Ph.D., Loyola University Law School, Chicago, Il, June 24-25, 2008

**Advanced Issues in Child Custody: Abuse, Alienation, and Other Challenges**, Robin Deutsch, Ph.D., Loyola University Law School, Chicago, Il, June 23-24, 2008

**Drafting Parenting Plans that Really Work**, Rebeca Magruder, LCSW, J.D., Alan Freed, J.D., AFCC Annual Conference, Vancouver, Canada, May 31, 2008

**The Con Game: Home to Avoid Being Had**, Isolina Ricci, Ph.D., Lynelle Yingling, Ph.D., Emily Brown, Ph.D., AFCC Annual Conference, Vancouver, Canada, May 31, 2008

**Advances in Child Development Research Applied to Scientifically Informed Parenting Plans**, Jonathon Gould, Ph.D., Melisse Eidman, LCSW, David Martindale, Ph.D., Vancouver, Canada, May 30, 2008

**Psychological Abuse in High Conflict Custody Cases**, Hon. Gail Perlman, Alexander Jones, MSW, J.D., AFCC Annual Conference, May 29, 2008

**Attachment in Child Custody**, Leslie Drozd, Ph.D., Nancy Oleson, Ph.D., S. Margret Lee, Ph.D., AFCC Annual Conference, Vancouver, Canada, May 29, 2008

**Domestic Violence in Separating Families: Debates and Dilemmas in Developing Appropriate Parenting Plans**, Janet Johnston Ph.D. et al, AFCC Annual Conference, Vancouver, Canada, May 29, 2008

**Co-parenting World Congress** – Association of Family and Conciliation Courts, Atlanta, Georgia, October 14-16, 2006

**Peace in Our Time** – Thich Nhat Hanh, Montreal, Canada, Aug 12, 2005

**Perfect Health**, The Deepak Chopra Center, San Diego, California, May 23-27, 2005

**Gay and Grey: Aging and Long Term Care**, L. Pickard, Ed.D, Riverside California, Feb 4, 2005.

**Law and Ethics**, Craig Jackson, MSW, JD, Riverside California, July 16, 2004

**Clinical Supervision Training**, (a required training for Social Work Supervisors), Terry Forrester and Ed Cochraane, Loma Linda University, June 24-25, 2004

**Advanced Divorce Mediation Training**, Christine Coates, JD, Pepperdine University School of Law, Malibu, California, June 17-19, 2004

**Divorce Mediation Training**, Coast to Coast Mediation, San Diego, California, May 13-17<sup>th</sup>, 2004

**Methamphetamine: Epidemiology, Pharmacology & Treatment**, UCLA Integrated Substance Abuse Programs, Riverside Ca, March 26, 2003

**Choice Theory - Advanced Training** – William Glasser, MD & Carleen Glasser, William Glasser Institute, Brentwood, California, January 31- February 3<sup>rd</sup>, 2003

**Child Custody Evaluator Training**, D. Rybicki, Psy.D., Agora Hills, Ca, Jan 17-19, 2003

**Treating Destructive Beliefs, Feelings and Behaviors: Therapeutic Methods that Work!**, Albert Ellis, Ph.D., San Bernardino, Ca, December 2002

**On Giving**, Deepak Chopra, M.D., La Costa, Ca, December 2002

**Uncovering Secrets: Suicide Assessment**, Chris Shea, M.D., Riverside, CA Nov 15, 2002

**Substance Abuse Assessment and Treatment**, Loma Linda University, Aug 4 & 11, 2002

**Human Sexuality**, Matt Harwood, LCSW, Riverside, CA, July 11 & 12, 2002

**Choice Theory – Intensive Training** - William Glasser, MD & Carleen Glasser, William Glasser Institute, Brentwood, California, June 8-11, 2002

**Outcome Informed Therapy**, by Scott Miller, Ph.D., Riverside, CA, June 7, 2002

**Child Abuse Reporting**, Julie Robbins, LCSW, Riverside, Ca, May 3, 2002

**HIV/AIDS: The Basics and Beyond for Psychotherapists**, Matt Harwood, LCSW, April 7, 02

**Mental Health Needs of Individuals with a Developmental Disability**, Ruth Ryan, M.D., San Bernardino, CA, November 5 & 6, 2001

**Best Practices in Mental Health Services**, Lynn Marsenich, Riverside, Ca, Oct 23, 2001

**Psychopharmacology for Psychotherapists**, Michael Gitlin, M.D., Riverside, CA, Oct 17, 2001

**Assessing and Treating Substance Abusing Adolescents**, Debra Simkin, M.D., October 1, 2001

**Individual Education Plans**, Riverside Office of Education, September 24, 2001

**Violence Risk & Threat Assessment**, Reid Meloy Ph.D, Riverside, Ca, Sept 11-12, 2001

**Treatment of Adolescent Sex Offenders**, Barbara Larsen, LCSW, Riverside, Ca, June 1, 2001

**Dynamics of Interfamilial Child Sexual Abuse**, L. Arnold, LCSW, Riverside, May 10, 2001

**Children with Sexual Behavior Problems**, Loma Linda, June 28-29, 2001

**Legacies of Trauma Across the Lifespan**, Loma Linda University, May 22, 2001

**Message from Jonesboro: How Kids are learning to Kill and learning to Like it**, Lt. Col. Dave Grossman, Temecula, Ca, May 9th, 2001

**Providing Culturally Relevant Treatment in a Diverse Environment**, Robin Huff-Musgrove, LCSW, Riverside, Ca, April 24 and May 3, 2001

**Risk Management for Psychotherapists**, Riverside, Ca, March 15, 2001

**Law & Ethics for Psychotherapists**, Riverside, Ca, March 15, 2001

**Client Directed Clinical Practice**, Scott Miller, Ph.D, Riverside, Ca, Feb 7-8, 2001

**Wraparound: Intensive Two Day Training**, R. Conner, Ph.D., Riverside Ca, Dec 13-14, 2001

**The Many Faces of Dual Diagnosis**, Joseph Gallette M.D., Riverside, Ca, November 30, 2001

**Interdisciplinary Training in Substance & Child Abuse**, County of Riverside, Nov 28-29, 00

**Spousal/Partner Abuse: Identification, Assessment & Intervention**, M. Dyer, MFT, Riverside, Sept 28, 2000